

# What is TASSP?

Therapeutic After-School and Summer Programs (TASSP) are structured programs which consist of a range of individualized therapeutic, recreational and socialization activities for youth.

These individual and group therapeutic experiences assist youth in developing social, communication, behavior and basic living skills; as well as psychosocial and problem solving skills.

Therapeutic After-School and Summer Programs are a collaboration between provider agencies, community-based organizations, professionals, and/or other entities.

## Questions?

If you have questions, concerns or need assistance with an issue, please call our Member Access and Crisis Line 24 hours a day, seven days a week where a behavioral health professional stands ready to help. Optum Idaho Member Service representatives are also available to assist you with benefit questions from 8:00 am to 6:00 pm MST, Monday – Friday. Call us today at **1-855-202-0973** or TDD/TTY **711**.

*Optum does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free number 1-855-202-0973. TTY 711.*

*Optum Idaho does not recommend or endorse any treatment or medications, specific or otherwise. The information provided is for educational purposes only and is not meant to provide medical advice or otherwise replace professional advice. Consult with your clinician, physician or behavioral health healthcare provider for specific health care needs, treatment or medications. Certain treatments may not be included in your insurance benefits. Check your health plan regarding your coverage of services.*

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# TASSP

## Therapeutic After-School & Summer Programs







The goal of TASSP is to enable each youth to improve their functioning in the home, school and community by providing structured treatment services during after-school, summer, or out-of-school time.

## Where does **TASSP** fit in?

TASSP expressive and experiential services may include:

- STEAM
- Equine/animal-assisted therapy
- Horticulture
- Music classes
- Hiking/adventure activities

Want to create a TASSP program in  
your organization or learn more?

Contact us at:

[Optum.Idaho.TASSP@optum.com](mailto:Optum.Idaho.TASSP@optum.com)

